

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



August 13th 2026

Beacroft Gold Medal & World Record U20 World Athletics Championships



Isaac Beacroft won the gold medal in the 5,000 metre race walk, just over a week after he won Commonwealth gold in Glasgow. Beacroft also broke the world record in the World U20 5,000 metre race walk with a time of 18.40.37 in what was a huge day for the 19-year-old from Quakers Hill in Sydney.

The day belonged to Beacroft, who was the talk of the international press after his world record and gold medal win. “It’s a massive relief,” Beacroft said after his win. “I felt a fair bit of pressure going into this one, you are a Commonwealth champion, surely, it’s a walk in the park to do juniors. “It’s definitely not. “I have raced each race to its’ merits, I don’t know what is harder. “I’m stoked to have one both, that’s all I can say on that.”

Beacroft's sizzling win in Eugene, where he beat the previous world mark by more than seven seconds, follows the Commonwealth Games gold medal he won just over a week ago in the 10km race walk in Glasgow.

Commonwealth Games 10km Walk Update

Australia’s medal tally at the Commonwealth Games looks set to be increased by one - despite the fact it finished over a week ago. Kenyan race walker Stephen Ndangiri Kihu has been provisionally banned after testing positive to banned substance erythropoietin (EPO). Kihu won silver in the 10,000m race walk at the Commonwealth Games and broke the national record in the event. He finished second behind Australia’s Isaac Beacroft, who

doubled up by winning gold at the Under-20 world championships in America this week and broke the junior world record.

Stephen Ndangiri Kihu could lose his silver medal, meaning Declan Tingay would be upgraded to bronze. Kihu is facing the prospect of copping a four-year ban, and will likely have his Games silver medal stripped if he's found guilty and the suspension is ratified. It means Declan Tingay will likely be upgraded to bronze.

EPO is a blood-boosting substance that increases red blood cell production and oxygen delivery to muscles. Kihu was tested on June 30 while training with the Kenyan team before the Comm Games. His provisional suspension took effect on August 5.

RESULTS RESULTS RESULTS

QRWC Club Track Championships

August 9th UQ St Lucia

Open 5000m

Men: (1) Ignacio Jimenez 25.03 (2) David Rapaport 31.54 (3) Peter Bennett 32.10

Women: (1) Phoebe Chadwick 28.00 (2) Jodie Wilson 30.29 (3) Anne Weekes 30.40
(4) Trish Hibbs 32.02 (5) Joy Dale 37.38 (6) Noela McKinven 47.21

U20 5000m Men: (1) Alex Bradley 24.54

U18 5000m Men: (1) Noah Cooke 24.38

Women: (1) Eliza Kelly 28.31

U16 3000m Men: (1) Leo Ramsay 16.21

Women: (1) Isabella Welch 15.27

U14 1500m Men: (1) Hayden Robertson 7.21 (2) Caleb Lee 7.36

Women: (1) Amelia Chisholm 7.53 (2) Violet Conway 8.36

U12 1500m Men: (1) Yoshua Lee 8.31

Women: (1) Zoe Frost 7.58 (2) Bella Sansom 7.59 (3) Lilli Chu 8.32

U10 1000m Men: (1) Jasper Wang 7.05

Women: (1) Cassandre Cohoner 5.35 (2) Mikayla Lee 5.40 (3) Billie Henry 7.06

Judges Reports

432 c

444 k

446 c

511 k

THIS WEEK

QRWC Handicap Meet #10 Sunday August 16th

John Frederick Park, Capalaba

7.30am A Grade M 15km

A Grade W 10km

B Grade 8km

8.00am E Grade 2km

F Grade 1km

8.15am C Grade 5km

D Grade 3km

ENTER HERE

[QRWC Handicap #10 Sunday August 16th - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Perpetual Trophies 2025

As we prepare for the end of season Trophy Day on September 13th, we would ask that the 2025 trophy winners to **please bring your trophy along to the meet at Capalaba this Sunday August 16th**. If you can't make it on the day please arrange for a friend or your coach to return your trophy. Alternatively, please contact Noela at noelarhoda@gmail.com to make arrangement for the return of your trophy. Thank you.

Thank you to those who have already returned trophies. These trophies are still outstanding

U10 Girls Harrison Trophy Lilli Chu

U10 BOYS Yoshua Lee

U14 BOYS Lachlan Moore

U16 BOYS 5KM Noah Cooke

U18 MEN 10KM Bailey Housden

U20 WOMEN Phoebe Chadwick

OPEN MEN 10KM CHAMPIONSHIP Ignacio Jimenez Solis

OPEN MEN 15KM CHAMPIONSHIP Ignacio Jimenez Solis

NEXT WEEK

AA Junior Race Walking Championships Sunday August 23rd

Victoria Park, Ballarat, Victoria

Timetable

09:00 Under 20 10km Race Walk - Men

09:00 Under 20 10km Race Walk - Women

10:00 Under 18 5km Race Walk - Men

10:00 Under 18 5km Race Walk - Women

10:00 Under 16 5km Race Walk - Men

10:00 Under 16 5km Race Walk - Women

10:30 Under 14 3km Race Walk - Men

10:30 Under 14 3km Race Walk - Women

10:50 Under 12 2km Race Walk - Men

10:50 Under 12 2km Race Walk – Women

Entry Lists

10km Race Walk Men · U20

Riley COUGHLAN VIC

Joel BYATT NSW

Dylan ALLABUSH NSW

Cooper RECH SA

10km Race Walk Women · U20

Zoe WOODS NSW

Kaytee BOGAERS WA

Milly SHARPE QLD

Angelina LEGRAND SA

5km Race Walk Men · U16

Vinal LIYANAGE NSW

Fiete DIERS VIC

Julian CIANO NSW

Angus SHUTTLEWORTH VIC

Sagan JONES NSW

Michael MATHISON NSW

Mathias HUTCHENS NSW

Leo RAMSAY QLD

Tate MCQUEEN VIC

5km Race Walk Men · U18

Koby IRVINE QLD

Christopher NILON NSW

Noah COOKE QLD

5km Race Walk Women · U16

Chloe BEVIS WA

Isabella WELCH QLD

Havana ALI VIC

Ela UZUN VIC

Katie FENNA SA

Mya MCCLURE VIC

MiaRose EVERSON NSW

Caitlyn SHIPHAM VIC

Addison FRENKEN VIC

5km Race Walk Women · U18

Aangi SHAH VIC

Eliza KELLY QLD

Sophie POLKINGHORNE NSW

Mietta MORGAN VIC

Eva PARKER TAS

Olivia BOULTON QLD

Matilda READ VIC

Matilda RECH SA

3km Race Walk Men · U14

Logan ALLISON VIC

Oliver CROWL VIC

Blair HOSKING VIC

William PRATT NSW

Rhys STRAUB NSW

Nate APPLEYARD NSW

Hayden ROBERTSON QLD

Samuel HUCKER TAS

Jack GREYLING VIC

3km Race Walk Women · U14

Alexandra SUMMERS TAS

Izzy BLACKBURN QLD

Amaya COWLING SA

Harper DE SACHAU VIC

Clare RICE ACT

Avia LUKETIC NSW

Isla BANKS NSW

Beth COCHRANE NSW

Hayley FENNA SA

Pippa READ VIC

Harper O'TOOLE VIC

Taylor CHAPMAN QLD

Stella WADE NSW

Erlyn SINGH VIC

LilyEve EVERSON NSW

Addison JENKINS NSW

Alaska BREMNER VIC

Kobe LEWIS VIC

Abby FOWLER VIC

Ella HARRIS VIC

Jessica GORHAM QLD

2km Race Walk Men · U12

Lewis HOSKING VIC
Jaxon CONNELL VIC
Huxley JONES NSW
William MILLAR VIC
Felix SKURKA VIC
Bowie CLARKE VIC
Fletcher REID VIC
Austin HUCKER TAS
Patrick YELDHAM NSW
Eric COLGAN NSW

2km Race Walk Women · U12

Lyanna SUMMERS TAS
Emily ALLAN VIC
Amity COWLING SA
Payton WELSH VIC
Sophie MENZ VIC
Piper MARSHALL NSW
Anna RUSSELL WA
Shaylee BARKER VIC
Anouk MORGAN VIC

Lilli CHU QLD

Lucilla CRIBBIN NSW
Mackenzie PARSONS WA
Abigail VERITY VIC
Nashe CHENGETA VIC
Pippa COLEMAN VIC
Ruby KILWORTH WA
Aria DI BENEDETTO VIC
Kayley HENDERSON-MASON WA
Carly HOOD WA

COMING EVENTS



WMA Outdoor Championships August 22-September 3 Daegu Stadium, Daegu S.K.

Entries close 23rd June

Walk Schedule

August 22nd 10km Road Walk
August 29th 20km Road Walk
September 2nd 5,000 metre Track Walk

Key Dates for Daegu

- WMA Daegu Entries close Tuesday, June 23rd
- Opening Ceremony Daegu 21st August 2026
- Championship dates: August 22nd - September 3rd 2026

QRWC Road Walk Championships Sunday August 30th

Logan River Parklands, Beenleigh

7.30am Open & Masters 10km

Under 20 M & W 8km

Under 18 M & W 6km

Invitation Open 5km (non-championship)

8.15am Under 10 M & W 0.75km

Under 12 M & W 1.5km

8.30am Under 14 M & W 2km

Under 16 M & W 4km

Note

- Age is taken as Age on the Day
- Athletes eligible for awards in their own age group event only.
- Trophies will be awarded to the first three placings of registered club members in each age group (male & female) and medals in the Masters age group.
- Race bib numbers must be worn (No race number means you cannot be judged = no result)
- For Masters Athletes the first three finishers of club members in Open races will be the Open place getters and the next three Masters Age competitors to finish after that will be eligible for Masters Medals.

ENTER HERE

[2026 QRWC Road Walk Championships Sunday August 30th - Qld Race Walking Club - revolutioniseSPORT](#)

Entry Fee Members \$10

Non-Members \$15 (not eligible for championship awards)

Invitation 5km \$5

QRWC Club Championship Records

Men's Open 10 km Rhyddian Cowley 2012 40:38.00

Men's Master's 10 km Ignacio Jimenez 2012 49:41.00

Under 20 Men 8 km Dane Bird-Smith 2009 34:59.00

Under 18 Men 6 km Dane Bird-Smith 2009 26:16.00

Under 16 Men 4 km Bailey Housden 2023 16:44.00

Under 14 Boys 2 km Bailey Housden 2020 8:59.00

Under 12 Boys 1.5 km Myles Callaghan 2019 7:28.00

Under 10 Boys 750 m Mathew Houston 1995 3:40.00

Women's Open 10 km Karen Foan 2002 49:15.00

Women's Master's 10 km Nyle Sunderland 2013 57:22.00

Under 20 Women 8 km Jessica Pickles 2013 38:55.00

Under 18 Women 6 km Katie Hayward 2016 27:13:00

Under 16 Women 4 km Clara Smith 2013 18:59.00

Under 14 Girls 2 km Jayda Anderson 2018 9:20.00

Under 12 Girls 1.5 km Rachel Barker 2007 7:29.00

Under 10 Girls 750 m Theresa Dorman 1994 3:47.00

QRWC Relay/Trophy/BBQ Day
September 13th Sandgate Lagoon, Brighton
9.00am 4 x 1,500 metre Relay

The Relay This is a handicapped relay, so it is not really about being the fastest. Get your team together now and come up with an apt team name. You don't have to be a competitive walker to take part so this is the opportunity for all parents, coaches, judges, volunteers and other family members to have a go.

ENTER RELAY HERE

[2026 Queensland Race Walking Club Relay - Qld Race Walking Club - revolutioniseSPORT](#)

There will be a sheet at the Sign In desk at Capalaba and at the Club Championships at Beenleigh to nominate your team or if you wish to be allocated to a team. Individually every team member needs to enter via the online entry portal.

10.00am – 12.00am BBQ & Presentations

TROPHIES All the medals from the QRWC track championships, Grade Handicap points trophies, Club Road Walk championships trophies and the perpetual trophies will be presented.

RAFFLES For a bit of fun and to raise some money for the club we have a tradition of having a multi draw raffle at the lunch.

If you would like to donate a raffle prize (check your cupboards for any unwanted Christmas gifts or “surplus” bottles of wine) we would be pleased to hear from you or bring them along to Capalaba on Sunday or to the Club Championships at Beenleigh.

LUNCH

- We will be having a BBQ lunch following the relays.
- The club will provide the BBQ fare. If you would like to help out please let Noela know.
- We do ask if members could please bring along a plate to share for dessert or a fruit platter is always welcome.
- Light beer & soft drinks will be in sale.
- Please bring along your deck chairs or a picnic rug.
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Register here for 2026 Presentation Day Lunch and Awards

[2026 Presentation Day Lunch and Awards - Qld Race Walking Club - revolutioniseSPORT](#)

The cost will be: \$15 a single, \$25 for two or \$35 for a family of 3 to 5. Additional family members at the single rate.

CRITERIA FOR QRWC PERPETUAL TROPHIES

Male

Age Distance First Presented Criteria

David Smith Shield Open 20km 2007 20km stated as Dave Smith race

Open Men's 15km Open 15km 1978 Stated as 15km Championship

Open Men's Cup Open 10km 1978 Club 10km Championship

U14 Boys 12,13yrs 2km 2019 Club Championships

U12 Boys 10,11 1.5km 2019 Club Championships

U10 Boys not yet 10yrs .75km 2019 Club Championships

Under 18 Men's 10km Any male club athlete who is not yet 18 at the time of achieving the

best 10km time of the season. Not restricted to the “U18 Group” First presented in 2019
Under 16 Boys 5km Any male club athlete who is not yet 16 at the time of achieving the best 5km time of the season. Not restricted to the “U16 Group” First presented 2014

Female

Open Women 15km Shield

Open 15km 2019 Stated as 15km Championship

Open Women 10km Open 10km 2019 Club Championships

Under 20 Women 18,19 8km 2019 Club Championships

U16 Girls 14,15 4km 2019 Club Championships

U14 Girls 12,13 2km 2016 Club Championships

Under 12 Girls 10,11 1.5km 1979 Club Championships

Under 18 Girls 5km Any female club athlete who is not yet 18 at the time of achieving the best 5km time of the season. Not restricted to the “U18 Group” First presented in 1982

Under 10 Girls Any girl who is not yet 10 and has been friendly and helpful in the Club. First presented in 1991. If no suitable candidate – not presented.

Bill Cook Trophy for Team winning the Fun Relay. First presented 1981

Most Outstanding Member. This is our most prestigious trophy and is not restricted to athletes. No member can hold it for consecutive years, but may be judged by the Committee for further years that are not consecutive. If no suitable candidate for the year, it will not be presented. First presented in 2016.

QRWC HANDICAP TROPHIES

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. Starting points are awarded for starting the event. Completed points are awarded for finishing the race distance. The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

2026 QUEENSLAND ATHLETICS ALL SCHOOLS CHAMPIONSHIPS inc the Selection Trials for the Australian All Schools
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Draft Timetable

Thursday October 1st QSAC

03:30PM Under 14/15/16 Female 3000m Race Walk

04:00PM Under 14/15/16 Male 3000m Race Walk Final

04:30PM Under 17/18 Female/Male 5000m Race Walk

Entries will open on 2nd September

Membership (new season opens on 1st September 2026)

- Athletes **must turn 12 by 31 December 2026**
- Athletes **must be under 18 on 31 December 2026**
- **No Under 20** age group (not offered at Australian All Schools Championships)

QA Track Draft Walks competition

October 31st 10,000 metres SAC

November 14-15th U20 5,000 metres SAC

January 10th 3,000 metres SAC

February 6th 3,000/5,000 metres SAC

February 27th 3,000 metres QA Championships
March 6th 3,000/5,000 metres
March 20th 3,000/5,000 metres



ENTER HERE <https://entermastersgames.com/>

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Track & Field

Saturday 7 November Gold Coast Performance Centre – 5,000 metre walk

Sunday 8 November Gold Coast Performance Centre – 3,000 metre walk (pm)

A final program of events including event start times will be available after entries have closed

Games Fees

- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

Sports Fees

- **Track** \$55 Admin Fee (Includes 1 Event)
\$25 for each additional event
- **10km Road Walk** \$30

2027 Oceania Masters Athletics Championships Christchurch New Zealand



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January,

Venue: Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025 (7.1km from CBD)

DRAFT PROGRAMME

Wednesday 27th January 2027 3,000m Track Walk

Friday 29th January 2027 1,500m Track

Sunday 31st January 2027 5,000m Track Walk

Early Bird Registration Open (1st September 2026) NZD \$60.00

Normal Registration (26th October 2026) NZD \$90.00

Event Fee NZD \$20.00

Entries CLOSE Sunday 13th December 2026

Masters' accommodation special

[Oceania Masters Track & Field Championships - Accor Meetings & Events](#)

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: ~~Athletic Stadium, Floreat~~, **WA Change of Venue**
Ern Clark Athletics Stadium Cannington. WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.
[Perth 2027 | Australian Masters Athletics Championships](#)

Date Claimer – Canberra Carnival June 12-13th 2027

A meeting on Tuesday night of Australian Federation of Race Walking Clubs has set the date of **June 12-13th 2027** for the renamed “**Canberra Walking Carnival**”. More details to follow when they become available.

2026 WALKS CALENDAR

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

MONTH	DATE	EVENT	VENUE
August	8	WA U20 Championships	Oregon USA
	9	QRWC Track Championships	UQ St Lucia
	16	QRWC Handicap #10	Capalaba
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	23	AA Junior Road Walk C/Ships	Ballarat
	30	QRWC Road Walk C/Ships	Beenleigh
September	6	Father's Day	No club competition
	13	Presentations/Relays/BBQ Day	Sandgate Lagoon
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

QRWC Handicap Meets and Points

- At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.
- Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table.
The member placed 1st, based on the handicap results, receives the highest points
- Starting points are awarded for starting the event.
- Completed points are awarded for finishing the race distance.
- The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

- To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.
- An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

QRWC Membership 2026/27

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

New membership and renewals for the new season opens on 01 September.

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Management Committee 2026/27

President: P Bennett

Vice President: B Gannon

Secretary: N. McKinven

Treasurer: N. McKinven

Committee: S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

Patron: S Perkins

Registrar: S Dale

Handicapper: A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media: P Chadwick / C Chadwick

Results: R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer: Ignacio Jimenez & Noela McKinven

Canteen Convenor: R Wales, J Dale

Blue Card Co-ordinator: B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and

Screening) Act 2000. [Individuals requiring a blue card | Your rights, crime and the law | Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website [Queensland Race Walking Club](#)

About us *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.